

Regulations Complicate Wellness Plans Tied to Health Insurance

IN THE NEWS

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Stoel Rives partner Howard Bye-Torre recently discussed complications of wellness incentives offered by employers with NBC News contributor Amy Langfield. The implementation of incentives is expected to increase. However, some employers view this as a personal issue for their employees, said Bye-Torre. Others, he said, are cautious of complicated federal regulations. One source of complications is the conflict between the Americans with Disabilities Act (ADA) and the Health Insurance Portability and Accountability Act (HIPAA). HIPAA allows employers to offer financial incentives, while the ADA states that any questions about an employee's health must be voluntary and not coerced with an incentive.

Read the full article [here](#).

"It's not just CVS: Wellness plans tied to health insurance" was posted on LifeInc. Blog (a NBC News property), March 28, 2013